



EMERGENCY ACTION PLAN

Oxford Area School District



Emergency Action Plan – Oxford Area High School

Team Physician	Keith Heck, DO	609.680.7985
Athletic Trainer	Caitlyn Darczuk, LAT, ATC	484.467.4537
Athletic Director	Michael Price	484.667.9636

AED Locations:
- Cafeteria
- Portable w/ Athletic Trainer

Call 911 when a person is: in respiratory distress, unconscious, neck/back injury, visible bone break, heat illness, severe bleeding, allergic reaction (after Epi Pen usage).

Address: Oxford Area High School 705 Waterway Road Oxford, PA 19363

EMS Activation Protocol:

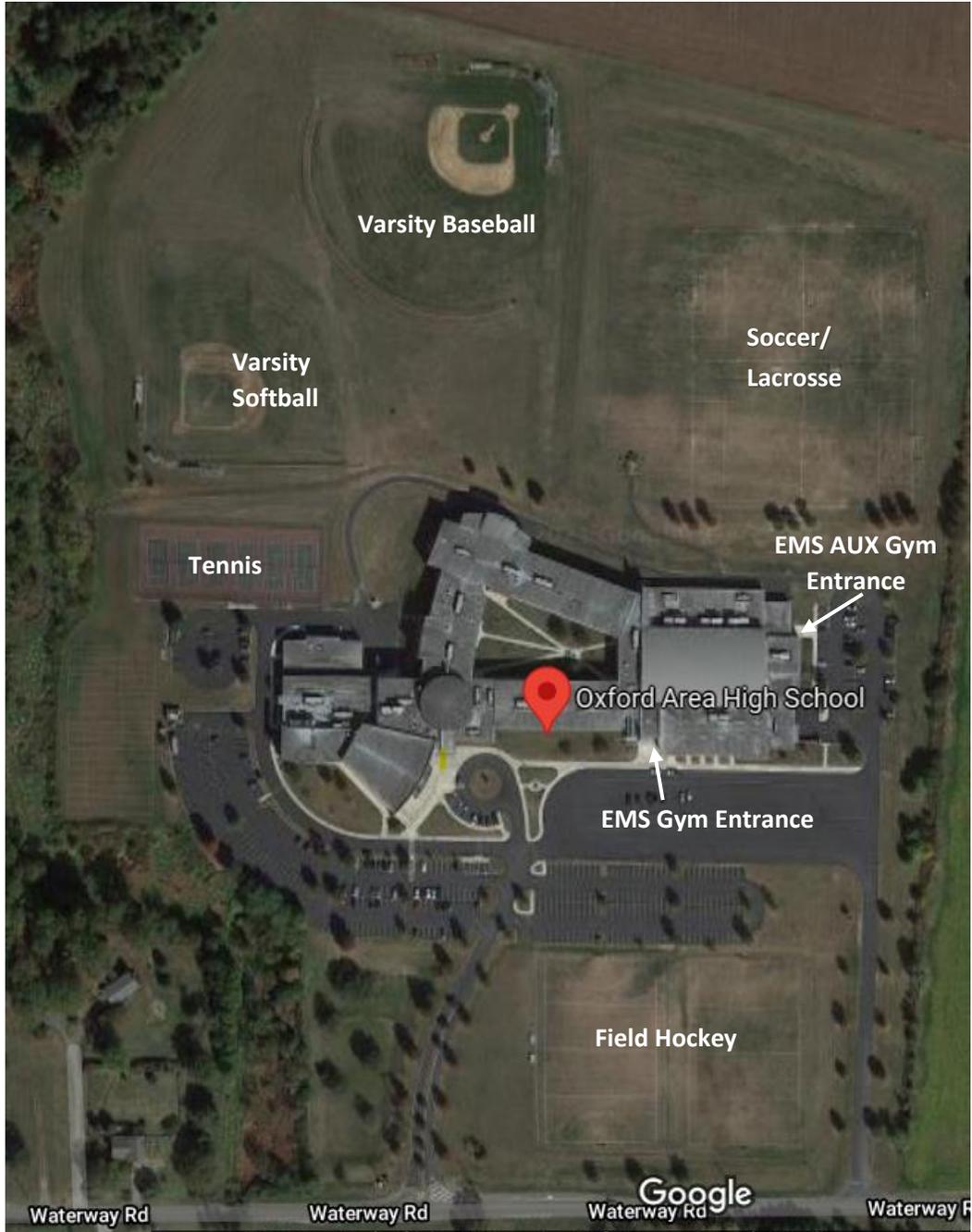
- Highest chain of command will decide if it is necessary to activate EMS. If the Athletic Trainer is not present on site, notify immediately via cell phone after calling 911.
- Provide EMS with necessary information:
 - Name, address, and telephone number of caller
 - Condition of athlete
 - First aid treatment initiated
 - Specific directions to locate the scene
 - Any other information requested by dispatcher
- In the case of a Head/Neck injury involving equipment.
 - Never remove the helmet or equipment without EMS or Athletic Trainer present.
- Have a responsible person meet ambulance to direct them, and additional person(s) provide crowd control as necessary.
- Use emergency contact card to contact parent or guardian and give information to EMS when they arrive for consent.
- If guardian is not on site, have team/school representative accompany athlete in ambulance with athlete.
- Give oral report to Athletic Trainer of details regarding event. AT will document the event and communicate with Athletic Director.
- NEVER speak with media about a condition of an athlete or emergency

Other Injury Protocol

- Notify Athletic Trainer of injury immediately via cell phone if they are not already on site. They will decide course of action for athlete, document injury, and contact parents and Athletic Director accordingly.
- If transportation is needed to hospital, use emergency card to contact parents to arrange.

Team	Practice	Game	Directions	Weather Evacuation
V. Baseball	Baseball Field	Baseball Field	Follow road to left behind school	Gymnasium
V. Softball	Softball Field	Softball Field	Follow road to left behind school	Gymnasium
Basketball/ VB/ Cheer	Gymnasium	Gymnasium	Enter in front of school through cafeteria into gym	Stay inside
Field Hockey	FH Field (In front of school)	FH Field	Enter field at front of school from first (main) entrance	Cafeteria
Lacrosse/Soccer	Field behind school	Field behind School	Follow road to right behind school	Gymnasium
Tennis	Tennis court	Tennis court	Follow road to left behind school	Enter into lower level
Wrestling	Wrestling room	Gymnasium	Follow road on right side school.	Stay inside

Oxford Area High School Map



Emergency Action Plan – Penns Grove Middle School

Team Physician	Keith Heck, DO	609.680.7985
Athletic Trainer	Caitlyn Darczuk, LAT, ATC	484.467.4537
Athletic Director	Michael Price	484.667.9636

AED Location(s): - In hallway outside of gym
--

Call 911 when a person is: in respiratory distress, unconscious, neck/back injury, visible bone break, heat illness, severe bleeding, allergic reaction (after Epi Pen usage).

Address: Penns Grove Middle School 301 South 5th Street Oxford, PA 19363

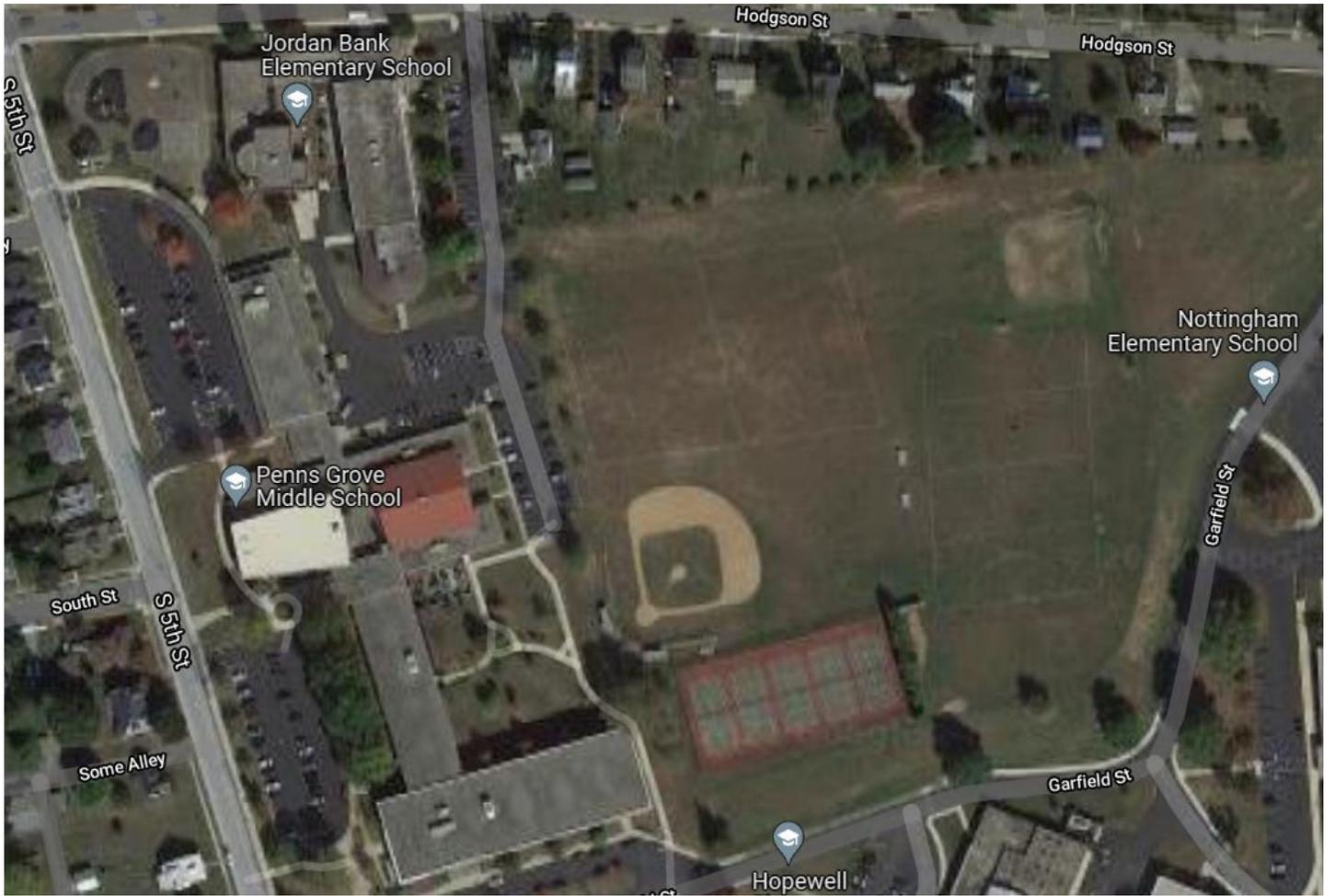
EMS Activation Protocol:

- Highest chain of command will decide if it is necessary to activate EMS. If the Athletic Trainer is not present on site, notify immediately via cell phone after calling 911.
- Provide EMS with necessary information:
 - Name, address, and telephone number of caller
 - Condition of athlete
 - First aid treatment initiated
 - Specific directions to locate the scene
 - Any other information requested by dispatcher
- In the case of a Head/Neck injury involving equipment.
 - Never remove the helmet or equipment without EMS or Athletic Trainer present.
- Have a responsible person meet ambulance to direct them, and additional person(s) provide crowd control as necessary.
- Use emergency contact card to contact parent or guardian and give information to EMS when they arrive for consent.
- If guardian is not on site, have team/school representative accompany athlete in ambulance with athlete.
- Give oral report to Athletic Trainer of details regarding event. AT will document the event and communicate with Athletic Director.
- NEVER speak with media about a condition of an athlete or emergency

Other Injury Protocol

- Notify Athletic Trainer of injury immediately via cell phone if they are not already on site. They will decide course of action for athlete, document injury, and contact parents and Athletic Director accordingly.
- If transportation is needed to hospital, use emergency card to contact parents to arrange.

Team	Practice	Game	Directions	Weather Evacuation
PG Baseball	PG Baseball Field	PG Baseball Field	Behind school entering from Hodgson St	Inside PG Gym
PG Basketball/ Wrestling/ VB	Gymnasium	Gymnasium	Behind school entering from Hodgson St	Stay Inside
PG Field Hockey	OAHS FH Field	OAHS FH Field	Enter field at front of school from first (main) entrance	HS Cafeteria
PG Lacrosse	Fields Behind School	Fields Behind School	Behind school entering from Hodgson St	Inside PG Gym
PG Soccer	Fields Behind School	Fields Behind School	Behind school entering from Hodgson St	Inside PG Gym



Penns Grove Middle School Map



Emergency Action Plan – Stadium

Team Physician	Keith Heck, DO	609.680.7985
Athletic Trainer	Caitlyn Darczuk, LAT, ATC	484.467.4537
Athletic Director	Michael Price	484.667.9636

AED Location(s): In hallway outside of gym in Nottingham Elementary
--

Call 911 when a person is: in respiratory distress, unconscious, neck/back injury, visible bone break, heat illness, severe bleeding, allergic reaction (after Epi Pen usage).

Address: Nottingham Elementary 736 Garfield St Oxford, PA 19363

EMS Activation Protocol:

- Highest chain of command will decide if it is necessary to activate EMS. If the Athletic Trainer is not present on site, notify immediately via cell phone after calling 911.
- Provide EMS with necessary information:
 - Name, address, and telephone number of caller
 - Condition of athlete
 - First aid treatment initiated
 - Specific directions to locate the scene
 - Any other information requested by dispatcher
- In the case of a Head/Neck injury involving equipment.
 - Never remove the helmet or equipment without EMS or Athletic Trainer present.
- Have a responsible person meet ambulance to direct them, and additional person(s) provide crowd control as necessary.
- Use emergency contact card to contact parent or guardian and give information to EMS when they arrive for consent.
- If guardian is not on site, have team/school representative accompany athlete in ambulance with athlete.
- Give oral report to Athletic Trainer of details regarding event. AT will document the event and communicate with Athletic Director.
- NEVER speak with media about a condition of an athlete or emergency

Other Injury Protocol

- Notify Athletic Trainer of injury immediately via cell phone if they are not already on site. They will decide course of action for athlete, document injury, and contact parents and Athletic Director accordingly.
- If transportation is needed to hospital, use emergency card to contact parents to arrange.

Team	Practice	Game	Directions	Weather Evacuation
HS Football	Next to Stadium	Stadium	736 Garfield Street Oxford, PA 19363 Behind Hopewell School	Nottingham Gym/ The Pit
PG Football	Infront of Hopewell School	Stadium	Next to Football Stadium	Nottingham Gym
PG/OAHS T&F	Stadium	Stadium	736 Garfield St Oxford, PA 19363	Nottingham Gym
MS Softball	Field Behind Nottingham Gym	Field Behind Nottingham Gym	736 Garfield St Oxford, PA 19363 Enter lot between Stadium and Nottingham Gymnasium	Nottingham Gymnasium

Stadium Map



Emergency Action Plan- Elk Ridge

Team Physician	Keith Heck, DO	609.680.7985
Athletic Trainer	Caitlyn Darczuk, LAT, ATC	484.467.4537
Athletic Director	Michael Price	484.667.9636

AED Location(s):

In hallway outside of gym in Nottingham Elementary

Call 911 when a person is: in respiratory distress, unconscious, neck/back injury, visible bone break, heat illness, severe bleeding, allergic reaction (after Epi Pen usage).

Address: 200 Wickersham rd Oxford, PA 19363

EMS Activation Protocol:

- Highest chain of command will decide if it is necessary to activate EMS. If the Athletic Trainer is not present on site, notify immediately via cell phone after calling 911.
- Provide EMS with necessary information:
 - Name, address, and telephone number of caller
 - Condition of athlete
 - First aid treatment initiated
 - Specific directions to locate the scene
 - Any other information requested by dispatcher
- In the case of a Head/Neck injury involving equipment.
 - Never remove the helmet or equipment without EMS or Athletic Trainer present.
- Have a responsible person meet ambulance to direct them, and additional person(s) provide crowd control as necessary.
- Use emergency contact card to contact parent or guardian and give information to EMS when they arrive for consent.
- If guardian is not on site, have team/school representative accompany athlete in ambulance with athlete.
- Give oral report to Athletic Trainer of details regarding event. AT will document the event and communicate with Athletic Director.
- NEVER speak with media about a condition of an athlete or emergency

Other Injury Protocol

- Notify Athletic Trainer of injury immediately via cell phone if they are not already on site. They will decide course of action for athlete, document injury, and contact parents and Athletic Director accordingly.
- If transportation is needed to hospital, use emergency card to contact parents to arrange.

Team	Practice	Game	Directions	Weather Evacuation
JV Baseball	On Baseball Field next to Elk Ridge	Same as practice	200 Wickersham rd Oxford, PA 19363	Inside Elk ridge
JV Softball	On Softball Field next to Elk Ridge	Same as practice	200 Wickersham rd Oxford, PA 19363	Inside Elk Ridge

Elk Ridge Map



Lightning Policy:

Lightning is considered an environmental emergency. The Oxford Area School District policy is in accordance with the recommendation of the Pennsylvania Interscholastic Activity Association (PIAA), and the National Athletic Trainers Association (NATA).

- The Athletic Trainers have final say of when individuals will have to leave venue because of lightning detection.
- If lightning is detected within 10 miles of any OASD venue, all outside activities will be suspended until 30 minutes after the LAST strike that is within 10 miles.
- Computers, Weather Radios, the WeatherBug App, and lightning detectors will be used to detect inclement weather conditions.
- The chain of command to call and remove individuals from outside venues in the case of inclement weather is as follows Athletic Trainer, Athletic Director, School Administrators, Coaches, and Assistant Coaches.
- Teams must follow the EAP to appropriate safe shelter sites, teams will be notified when it is safe to come back outside.

Heat Policy:

During the late summer and spring temperatures and humidity tend to rise. It is important to monitor the temperature and humidity levels and make proper adjustments to activities to try and prevent heat illness. Measurements will be taken daily, and activities will be adjusted accordingly.

Flag Correlation	WBGT Reading	Activity Guidelines and Rest-Break Guidelines ^{1,3}
Green	Under 82.08°F (27.88°C)	Normal activities: <ul style="list-style-type: none">- Provide 3+ separate rest breaks per hour of minimum duration 3 minutes each during workout.
Yellow	82.0°F – 86.98°F (27.88°C – 30.58°C)	Use discretion for intense or prolonged exercise: <ul style="list-style-type: none">- Watch at-risk players carefully. Provide 3+ separate rest breaks each hour with a minimum duration of 4 minutes each.
Orange	87.08°F – 89.98°F (30.58°C – 32.28°C)	Maximum practice length is 2 hours: <ul style="list-style-type: none">- For football, lacrosse, and field hockey: players are restricted to helmet, shoulder pads, and shorts during practice. If the WBGT rises to this level during practice, football players may continue to work out wearing football pants without changing into shorts.- For All Sports: Provide at least 4 separate rest breaks each hour with a minimum duration of 4 minutes each.
Red	90.0°F – 92.08°F (32.28°C – 33.38°C)	Maximum practice length is 1 hour: <ul style="list-style-type: none">- For football, lacrosse, and field hockey: No protective equipment may be worn during practice and there may be no conditioning activities.- For All Sports: There must be 20 minutes of rest breaks distributed throughout the hour of practice.
Black	Over 92.18°F (33.48°C)	No outdoor workouts: Cancel exercise, delay practices until a cooler WBGT level is reached.

Cold Weather Policy:

Wind Chill Temperature	Time Outside/ Time inside
>30°F	Normal Activity
29°F-20°F	1 hour out/ 15 minutes in
19°F-15°F	45 minutes out/ 15 minutes in
14°F-11°F	30 minutes out/ 15 minutes in
10°F or lower	Outdoor activities cancelled

Hospitals

- Christiana Hospital
 - 4755 Ogletown Stanton Rd Newark, DE 19718
 - 302-733-1000
- Chester County Hospital
 - 701 E. Marshall St West Chester, PA 19380
 - 610-431-5000
- Penn Medicine- Lancaster General Hospital
 - 555 N. Duke St Lancaster, PA 17602
 - 717-544-5511

Urgent Care

- Penn Medicine- LGH Parkesburg
 - 950 Octorara Trail Parkesburg, PA 19365
 - 610-857-6639